

Menu

Egg Plates

2 eggs or 3 egg whites. w/ wheat toast or tortillas. (ADD HOMEFRIES + \$1.25)

HUEVOS RANCHEROS
salsa, black beans, sour cream, corn tortillas \$4.75

HUEVOS PERICOS
scrambled w/ onions, tomatoes, corn tortillas \$4.75

MEXICAN EGGS
peppers, tomato, refried beans, corn tortillas \$4.75

EGGS IN A BASKET
Grilled wheat toast, eggs in the middle, homefries \$4.75

COUNTRY STYLE EGGS
2 poached eggs, chopped beef gravy, homefries, wheat toast \$6.50

BACON & EGGS PLATTER
Eggs any style, turkey bacon, homefries, toast \$6.50

Other Options...

Healthy & Delicious

WHOLE WHEAT FRENCH TOAST
\$4.00 (add fruit + \$1.00)

BUCKWHEAT PANCAKES
\$4.00 (add fruit + \$1.00)

THE ELVIS... grilled wheat bread w/ fresh bananas & peanut butter - honey drizzle (Elvis Presley's favorite sandwich) \$3.75

LOWFAT YOGURT & GRANOLA
with fresh fruit \$4.00

HOT OATMEAL
with fresh fruit & walnuts \$4.00

BOWL OF HEALTHY CEREAL
with fresh fruit & walnuts \$4.00

Wraps-Rolls-Heros

Made with 2 eggs or 3 egg whites. Choice of Wrap or Roll

AMERICAN WRAP
egg whites, turkey or ham with cheese or tomato. \$5.00

BREAKFAST BURRITO
eggs, cheese, brown rice & beans, tomatoes, onions & peppers \$6.00

HUNGRY MAN HERO
eggs, turkey bacon, turkey, cheese, potatoes, tomato \$6.75

STEAK & EGGS HERO
chopped ribeye steak, grilled onions, cheese, potatoes \$7.75

ITALIAN EGGS (HERO OR WRAP)
potatoes, sauteed peppers & onions \$6.00

HIGH PROTEIN WRAP
bison burger, egg whites, cheese, tomato \$8.00

Egg Omeletes

Made with 3 Eggs or 4 Egg Whites. Served on plate w/ wheat toast, (ADD HOMEFRIES + \$1.25) (Add Wrap +.50c)

GREEK OMELET
Spinach, onions, feta cheese \$5.75

SPANISH OMELET
onions, potatoes, spanish paprika, sour cream \$5.75

WESTERN OMELET
ham, onions, peppers, cheese \$5.75

BROCCOLI OMELET
Broccoli, onions, cheese \$5.75

CHICKEN OMELET
Chicken, mushrooms, cheese \$5.75

BACON & TOMATO OMELET
Turkey Bacon, tomato, cheese \$5.75

Extras

Egg \$1.00
Cheese or Tomato .50c
Onion & Peppers .75c
Refried Beans \$1.00
Ham or Turkey \$1.00
Turkey Bacon \$1.50
Homefries \$1.25

Coffee & Tea

Coffee - Tea(10oz) \$1.00
w/ steamed milk \$1.25
Espresso Shot \$1.75
Cappucino \$3.50
Iced Coffee \$3.50
Hot Chocolate \$2.00

Muffins & More...

Fresh Baked Muffins \$1.50
Homemade Croissants \$2.00
Fruit Cup \$3.50
Banana or Orange .75c
Apple or Grapefruit \$1.00

Dr Oz's

BREAKFAST SHAKE.
Improves mind & energy levels. Anti-oxidants, Omega 3's. Banana, blueberries, walnuts, applejuice, vitablend powder..\$6.00